

Come and Play at Miahelsa Preschool
Hibiki Shirokane-Takanawa!



Mommy & Me

~Hibiki Shirokane Takanawa Parenting Support Program~

What is "Mommy & Me"?

You and your baby
You and your role as a mother
You and us here at the preschool

Parenting is a journey full of surprises.
There are joyful moments, but also challenges.
It's normal to feel lost, frustrated, or even shed a tear.
The ups and downs can be exhausting.

Talking with someone you trust can bring comfort.
Sometimes, sharing your feelings with others can be freeing.
Our preschool is a welcoming, supportive space for local parents.

Come connect with others, seek advice, or simply share what's on your mind.
Whether you have questions about raising children, want tips from
experienced teachers, or just need time to play and bond with your little one,
our community is here to support you.

Join us! Dads are warmly very welcome too!
Together, let's make parenting easier, more enjoyable, and more rewarding

Merhalsa Preschool Hibiki Shirokane Takanawa

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Shirokane, Minato-ku, Tokyo



Annual Schedule

Month	Date	Content	Date	Content
July	16 (Thu)	Craft Activity: Fish We will make a fish with handprints! ☆	28 (火)	Water Play Come and enjoy playing with water together!
Aug	1 (Sat)	School Event: Summer Festival Come and join us for our Summer Festival!	28 (金)	Water Play Come and enjoy playing with water together!
Sep	8 (Tue)	English Eurhythmics (by Music Together)	29 (火)	English Eurhythmics (by Music Together)
Oct	15 (Thu)	• Story Time • Craft Activity: Halloween Enjoy a special story time with Takanawa Library!	29 (木)	School Event: Halloween Party Join our children for a fun Halloween party! ★
Nov	5 (Wed)	Craft Activity: Autumn Let's create autumn-themed crafts together!	18 (水)	Interactive Play Time Let's have fun playing with bath towels!
Dec	3 (Thu)	• Story Time • Craft Activity: Christmas Enjoy a special story time with Takanawa Library!	16 (水)	School Event: Christmas Party Enjoy a special concert by a former Takarazuka performer, and you might even meet Santa! ★
Jan	13 (Wed)	• Sing along with a former Takarazuka performer! ♪ • Craft Activity: Sheep	18 (月)	Setsubun Craft Activity Let's make an ogre mask! ☆
Feb	3 (Wed)	School Event: Bean-Throwing Let's throw beans and beat our inner oni! ♪	12 (金)	School Event: Valentine's Day Celebration♡ Let's share our love with someone special!
Mar	9 (Tue)	English Eurhythmics (by Music Together)		

※This is the schedule as of June 15th.

Please note that the schedule and content may be subject to change.

<Guide for Participants>

- Only three family spots (parent+child) are available for each event sign up soon!
- You can apply for an event in one of the following ways.
 - (1) by phone (2) through our preschool website
- Each event be held place **from 9:30am to 10:45 am.**
- **Participation is free of charge**
- ◇ To help prevent slips falls, and children will be asked to be barefoot during the activities.
- ◇ Please bring water or tea and stay hydrated.
- ◇ For allergy and safety reasons, please do not bring snacks or meals.

